Addressing Disaster and Emergency Stress Beyond First Responders:

Implications for Individuals, Families and the Workplace Satellite Conference & Live Webcast

Monday, December 5, 2005 • 12:00-1:30 p.m. (Central Time)

1:00-2:30 p.m. (Eastern Time) • 11:00 a.m.-12:30 p.m. (Mountain Time) • 10:00-11:30 a.m. (Pacific Time)

fter the recent series of deadly hurricanes, few people need to be convinced that the stressors of responding to and recovering from these events are overwhelming. When disaster and emergency stress is discussed, it is most frequently in the context of primary victims and first responders (e.g., police, fire and rescue). However, as we have all seen so dramatically in recent months, these stressors are also significant issues for those who are not typically thought of as first responders. These include FEMA, state, and local emergency managers, governmental public health, utilities, and social service workers and political leaders, to name a few.

Those who do not do disaster work as part of their usual jobs (and their families, co-workers and supervisors) are often the least prepared to anticipate and effectively intervene when stress reactions occur. The focus of this program is to discuss the scope and nature of this type of stress and describe immediate and longer term individual, family and workplace impact. Suggestions and strategies for pre-, during and post-event mitigation of adverse stress related outcomes will be provided.

Faculty

Brian W. Flynn, EdD, is a retired Rear Admiral/Assistant Surgeon General, US Public Health Service. For many years, Dr. Flynn directed the Federal government's domestic disaster mental health program. He is currently an Adjunct Professor of Psychiatry and an Associate Director of the Center for the Study of Traumatic Stress at the Uniformed Services University of the Health Sciences. He is internationally known for his expertise and experience in large scale trauma.

Program Objectives:

- 1. Identify the nature of stressors for disaster workers who are not first responders.
- 2. List the individual, family and workplace impacts of these stressors.
- 3. Describe potential strategies for reducing and/or intervening adverse stress reactions.

Conference Details:

<u>Target Audience</u>: Governmental and non-governmental workers, supervisors, and policy makers who have or may be expected to be involved in response to or recovery from natural and human caused disasters.

Registration: www.adph.org/alphtn Cost: There is no cost to view. CEUs: None for this program.

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands.

<u>Webcast Information</u>: Please register at www.adph.org/alphtn To view this live webcast, you will need RealPlayer or Windows Media Player. This program will also be available as an on-demand webcast approximately 2 days after the live broadcast.

Conference Materials: Posted on our website approximately one week before the program.

<u>Questions For Faculty</u>: If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program.

Email: alphtnquestions@adph.state.al.us or Fax: 888-737-1972.

For questions about any of these conference details call: 334-206-5618 or email: alphtn@adph.state.al.us

The South Central Center for Public Health Preparedness is a partnership of the state health departments in Alabama, Arkansas, Louisiana and Mississippi and the Schools of Public Health at UAB, UAMS and Tulane University with funding from the CDC.

alabama public health training network